



FOUNDATION FOR METROWEST

March 2017

March News



Dear Friends,

Although it may not look like it outside, spring is here... and at the Foundation, that means it's time to focus on our MetroWest Hunger Relief Fund (MWHRF).

Every penny we raise for the MWHRF goes towards alleviating hunger in our community. Last year, we raised nearly \$120,000 for this effort alone. This crucial initiative began in 2010 and we have since distributed over \$525,000 to MetroWest organizations fighting hunger in our communities.

I am proud of the MetroWest Hunger Relief Fund's growth over the years and its impact on our local communities and the fight against hunger. Through this effort, you too can do something about hunger in MetroWest- volunteer at a local food pantry, serve food at a community supper, or make a donation. Join us.

Sincerely,

Judith G. Salerno

Executive Director

MetroWest Hunger Relief Fund



The Daily Bread Food Pantry is entirely volunteer run, serves over 240 local families, and has been in operation for 26 years. Located in Milford, it is a prime example of the type of organization funded by the MetroWest Hunger Relief Fund, a fund of the Foundation.

According to Pantry Manager and board member Cheryl DeAngelo, one of the pantry's biggest challenges is "getting seniors to come to the pantry or to get them to sign up for our Home Bound delivery service." She went on to explain that "the more food that comes into the pantry, the more food we give out," as the need is great- the pantry received over 1,200 new clients in 2015 alone. **In 2016, the Foundation for MetroWest granted the organization \$3,000 which was used to buy additional holiday turkeys and hams.**

[Make a gift to support the 50+ food organizations across MetroWest today!](#)

The MetroWest Hunger Relief Fund is dedicated to combating hunger and poverty within our region.

We partner with organizations that range from farms to food pantries and community suppers to food recovery and distribution organizations.

[Give Now to the MWHRF](#)

Community Events

[March 24-26: Paradise City Craft Fair in Marlborough](#)

[March 26: Women's History Month Series: Sarah Ripley Ames Boyer Last Daughter of the Manse in Concord](#)

[March 29: 9th Annual Wild & Scenic Film Festival! in Maynard](#)

[April 8: Brew Moon Hike: Hopsters Brewery in Medfield](#)

Spring Inspiration Breakfast Keynote Speaker Announced



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We are honored to host **Dr. Richard Weissbourd** as our keynote speaker this year! He is author of *The Parents We Mean to Be: How Well-Intentioned Adults Undermine Children's Moral and Emotional Development* and Senior Lecturer at the Harvard Graduate School of Education. He co-directs the Making Caring Common Project, a national effort to prioritize moral and social development in child-raising. He is currently working with college admissions officers to elevate ethical character and reduce excessive achievement pressure in the college admissions process.

Sponsorships are still available, and tickets will be on sale soon! This event is on May 4 at the Wellesley Country Club beginning at 9:00 am.

[Be inspired. Learn more.](#)

Thank you, Cori!

After nearly seven years with the Foundation for MetroWest, Cori Kaufman is leaving the organization to focus on her growing family. Cori leaves a legacy of beautiful and successful events as well as an amazing positive, can-do attitude. Her contributions will be sorely missed. We wish her the best of luck in this next chapter of her life.

Thank you, Cori, for your commitment to the Foundation and for being a champion for philanthropy across MetroWest!



Angel Dance Company Supports Community

Endowment of Lexington



Angel Dance Company of Acton performed the "Dance of Love," a classical Chinese dance, to benefit the **Community Endowment of Lexington** on February 18. The spectacular performance was held in front of a full house and featured the talents of the students and teachers who train with the company throughout the year. Founded in 2001, Angel Dance Company is a nonprofit organization that promotes cultural awareness and artistic exchange with an emphasis on classical Chinese dances. The Community Endowment of Lexington was pleased to recognize Angel Dance as a Civic Founder at the event, as the benefit dance raised over \$9,000 for the Fund.

Summer Institute for Youth Leadership Registration Now Open



The **Summer Institute for Youth Leadership** is designed for teenagers who are looking to make an impact in their community. This fun, four-day summer program introduces students to the importance of active community involvement. This year, the Foundation will be running two concurrent sessions June 26-29 at Framingham State University- one session for middle school students and another for high school students.

[Register](#)

Spirit of Philanthropy: Meta Vaux Warrick Fuller

In honor of Women's History Month

A resident of Framingham for much of her life, Meta Vaux Warrick Fuller (1877-1968) was a talented sculptor whose career spanned 70 years. According to the Danforth Art Museum, she "is known for her groundbreaking depictions of the African and African-American experience... [as her art] expresses racial experience and social issues in America." Her husband, Solomon Fuller, was the first black psychiatrist in America, working at hospitals across MetroWest and in Boston.

Meta was determined to continue creating art even while raising a family, and always found time to be active in her church and in the MetroWest community. She designed costumes for theater groups, participated in the Boston Art Club, and was the first black president of women's service club Zonta. She built an art studio with her own money where she shared her talents by teaching students and staging exhibitions.



Much of her artwork is now in the collection of the Danforth Art Museum, but she also created a number of works for the Framingham community including a plaque for Framingham Union Hospital, a bronze piece for the Framingham Public Library, and several works for St. Andrew's Church.

Learn more about Meta Fuller's life:

[An Independent Woman exhibition catalog](#)

[Meta Vaux Warrick Fuller Special Collection at the Danforth Art Museum](#)

Nonprofit Workshops: Center for Philanthropy Education

Through the generous support of our donors, MathWorks and the Middlesex Savings Bank Charitable Foundation, we are able to offer the Center for Philanthropy Education nonprofit workshops.

Our relationship with nonprofit organizations does not begin or end with a grant decision. We offer free services and resources through our Center for Philanthropy Education to help MetroWest nonprofit staff, board members, and volunteers think strategically, govern effectively, and operate efficiently through workshops, executive leadership development, and capacity-building programs. [View the full schedule.](#)

Upcoming workshops

[March 29: Elements of a Successful Strategic Plan \(for executive directors and their board chairs\) in Wellesley](#)

[April 12: Building the Model Relationship with your Executive Director \(for executive directors and their board chairs\) in Natick](#)

[May 24: Online Awareness Campaigns for Your Nonprofit – What Works and How to Do It! in Framingham](#)

[**View the full workshop schedule**](#)

What We Are Reading



Lovin' Spoonfuls Serves Up Cooking Skills with Less Food

When Meg Kiley started working for Boston food rescue organization Lovin' Spoonfuls five years ago, her job was to make deliveries of rescued food to shelters, food pantries, and other community groups.

[Read more](#)
civileats.com



The Best Employers Are Adding Giving Back to Their Core

Most companies have something more to give the world than their products. That could be their position to advocate for worthy causes, the expertise of their employees, or the financial resources to

help a community project succeed.

[Read more](#)
fortune.com

[Give Now](#)

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